

## CHRISTMAS PARTY

The SAHU Board would like to invite you to our annual Christmas Party. The party will be held Sunday, December 20<sup>th</sup> at 3 p.m. Johnny Dawkins has graciously offered his home for this event. We look forward to celebrating the holidays with each of you.

**NO meeting in December – Next meeting will be January 12<sup>th</sup>.**

## JANUARY SPONSOR –

Special thanks to United HealthCare for sponsoring our January meeting.

## SPEAKERS REBECCA McCABE and ADAM LEGGETTE

United HealthCare Large and Small Group reps will give us information on potential wellness options for employer groups. Wellness programs in one form or another are part of most current legislation, so now's the time to become more informed.

## Letter from your SAHU President

Thanks to all of you in attendance at our November membership meeting. What an informative morning!

SAHU member Johnny Dawkins and Triangle AHU member David Smith, both past NCAHU Presidents, presented an update on current legislation and its potential effects on the public and our industry.

Our speaker was State House of Representative Rick Glazier. Representative Glazier gave an update regarding services provided for NC residents related to the current economy and population growth in the state. The rapid population growth creates multiple concerns regarding services to our residents, most remarkably the state-supported colleges and universities.

North Carolina was the first state to forbid smoking in public establishments. This alone will have a huge impact on state costs. Our public schools have provided medically accurate sex-education programs in an attempt to prevent teenage pregnancy. Representative Glazier expressed that it is the states job to take care of children with the CHIP program and any needs federal programs can't provide. These are all ways that the state can provide front-end preventive care to lower future health care costs.

Thanks to these speakers for informing our members!

Kelly

***SAHU has adopted a military family for Christmas. Please help make this a special Christmas for this needy family. You may bring a donation to the Christmas party or by the EbenConcepts office.***

Please RSVP for the Christmas Party and the January breakfast to [kelly@ebenconcepts.com](mailto:kelly@ebenconcepts.com)

**\$10 PER MONTH HAS NEVER MEANT MORE!**

A \$10 monthly contribution to HUPAC has never been more important than it is right now. Donations to HUPAC are essential in our national advocacy efforts to insure our futures.

Donations can be made at a SAHU meeting, online at [www.s-ahu.org](http://www.s-ahu.org) or by contacting HUPAC Chair Johnny Dawkins at [jldawkins@ebenconcepts.com](mailto:jldawkins@ebenconcepts.com).

**SHOOT FOR TRIPLE CROWN**

Once you've hit your monthly contribution amount of \$10 to HUPAC, you're a third of the way there. All that's left is recruiting two new members and completing three Operation Shouts. Let's all make this our goal this year.



(TOP) November Speaker, Rick Glazier  
(RIGHT) Rebecca McCabe and Kelly Sherrill  
(LEFT) Jim Johnson and Jason Dewar

## 2009-10 SAHU Board

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