

NO "COPAY" BREAKFAST

Our version of recent no copay drug plans, the Board would like to show its appreciation at the November meeting by providing breakfast to SAHU members FREE OF CHARGE! Our next meeting is Tuesday, November 3rd at 7:45 a.m.

NOVEMBER SPONSOR –

Special thanks to Humana Dental for sponsoring our November meeting.

SPEAKER REPRESENTATIVE RICK GLAZIER

Please join us as State House Representative Rick Glazier gives us a general update on the issues and processes in State Government.

SPECIAL LEG UPDATE

Johnny Dawkins and David Smith will be providing a separate legislative update immediately following November's monthly meeting.



American Heart Association Sandhills Heart Walk

Great Job SAHU Heart Throbs!!!

Letter from your SAHU President

I recently attended the North Carolina AHU Board meeting in Winston Salem. Though we are the smallest chapter in the state and we don't have the manpower or member dues to accomplish some of the things the other chapters can, I am so proud to attend these meetings and tell them of all the wonderful things that Sandshills IS accomplishing:

- We are growing in numbers!
- We are making a commitment to the future of our industry by our continued support of HUPAC!
- We are showing our commitment to wellness in our community by supporting causes both with volunteer hours and much needed funds!
- We are rewarding our members with concise, thought-provoking meetings!

I know sometimes we think our little chapter exists in a vacuum but it doesn't. Your membership in SAHU as well as NAHU is more important today than ever. I cannot thank each of you enough for your membership. I am proud to serve as your President!!!

Kelly

Please RSVP for breakfast to kelly@ebenconcepts.com.

\$10 PER MONTH HAS NEVER MEANT MORE!

A \$10 monthly contribution to HUPAC has never been more important than it is right now. Donations to HUPAC are essential in our national advocacy efforts to insure our futures.

Donations can be made at a SAHU meeting, online at www.s-ahu.org or by contacting HUPAC Chair Johnny Dawkins at jdawkins@ebenconcepts.com.

SHOOT FOR TRIPLE CROWN

Once you've hit your monthly contribution amount of \$10 to HUPAC, you're a third of the way there. All that's left is recruiting two new members and completing three Operation Shouts. Let's all make this our goal this year.



2010 Sandhills Heart Walk

Many thanks to the SAHU Heart Throbs walking team. We were joined by several family members as well; Lori Killebrew's husband Matt, Tracy Mozingo's son Josh, and Kelly Sherrill's daughters Calista and Ainsley. Fun was had by all, not to mention we raised \$425 for the American Heart Association and made an additional donation of \$250.

SAHU's participation shows OUR ongoing commitment towards wellness. Hopefully we can make this an annual public service project and we look forward to having an AHA representative speak to us in February in support of their GO RED FOR WOMEN campaign.



(LEFT) the SAHU Heart Throbs
(RIGHT) Ainsley, Our Proud Sign Carrier



2009-10 SAHU Board

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PLEASE SHOW YOUR SUPPORT FOR OUR PLATINUM SPONSOR

